

Lesson Practice Log

Name _____

Week _____

Date	Day	Time (start-end)	Total Time (minutes)	Things Practiced (jot exercises, pieces, or technique worked on)	Techniques used to practice (see below)	Parent Initials

Total time practiced this week: _____

Practice Techniques: Some examples are clapping rhythms; air violin (left hand, right hand); bow alone; left hand alone; rhythm variations; staccato bow; slow motion, etc... you can also make up your own and tell me about your ideas!